



Who should I call to schedule an appointment or if I have questions about other services offered at Southeast Missouri Behavioral Health?

**FARMINGTON**  
**(573) 756-5749**

**SALEM, MO**  
**(573) 729-4103**

**POPLAR BLUFF, MO**  
**(573) 686-5090**



FOR DATES AND TIMES PLEASE CALL OUR OFFICES AT...

**Farmington**  
(573) 756-5749

**Potosi**  
(573) 438-6706

**Poplar Bluff**  
(573) 686-5090

**Dexter**  
(573) 624-6937 or  
686-5090

**Salem**  
(573) 729-4103

**Rolla**  
(573) 364-8511 or  
729-4103

**Cuba**  
(573) 677-0262 or  
729-4103

**SOUTHEAST MISSOURI  
BEHAVIORAL HEALTH**

**Corporate Office**

5536 Highway 32  
Farmington, MO 63640-0459  
(573)-756-5749

**Website: [www.semobh.org](http://www.semobh.org)**

**Outpatient Office Hours**  
Mon.—Sat. 8:00 a.m.—8:00 p.m.

**Residential Admission**  
**1-800-455-5749**



**SOUTHEAST MISSOURI  
BEHAVIORAL HEALTH**

**Children  
First**

**Helping Parents  
Help Children  
Through Divorce**



# Children First



MANY CHILDREN WHO EXPERIENCE LOSS OF, OR SEPARATION FROM, A PARENT SOMETIMES DEVELOP BEHAVIORAL PROBLEMS. THEY MAY NOT RESPOND TO TRADITIONAL PARENTING AND TEACHING TECHNIQUES, SUCH AS, REWARDING OR PUNISHMENT ACTIONS.

THEY MAY NOT RESPOND BECAUSE OF UNDERLYING EMOTIONAL PROBLEMS, SUCH AS LOW SELF-ESTEEM, STRONG ANGER, DEVELOPMENTAL MATURITY, AND SELFISH VALUES. IT IS CRUCIAL TO WORK ON THESE EMOTIONAL PROBLEMS, NOT JUST IN REWARDING AND PUNISHING.

WHILE EACH FAMILY SITUATION IS DIFFERENT AND THE NEEDS OF THE CHILDREN WITHIN EACH FAMILY VARY, IT IS IMPERATIVE TO RECOGNIZE THAT TIME SPENT BY CHILDREN WITH EACH PARENT IS VITALLY IMPORTANT AND MUST BE PLANNED CAREFULLY.

THE CHILDREN FIRST PROGRAM HAS BEEN DEVELOPED TO GIVE PARENTS SOME HELPFUL SUGGESTIONS ON HOW TO ESTABLISH A PLAN THAT PROVIDES FOR THE BEST INTEREST OF YOUR CHILDREN.

## WHAT TO LOOK FOR:

- ⊖ A DROP IN SCHOOL PERFORMANCE
- ⊖ UNWARRANTED WORRY OR ANXIETY
- ⊖ LYING
- ⊖ OPPOSITIONAL BEHAVIOR
- ⊖ SABOTAGING RELATIONSHIPS
- ⊖ NOT TAKING RESPONSIBILITY FOR THEIR ACTIONS

OUR STAFF CONSISTS OF QUALIFIED, PROFESSIONALLY TRAINED COUNSELORS AND CLINICAL SOCIAL WORKERS, WITH SPECIALLY TRAINED ANCILLARY PERSONNEL, INCLUDING PSYCHIATRISTS AND PSYCHOLOGISTS.

OUR SERVICES INCLUDE TREATMENT FOR ALCOHOLISM AND OTHER CHEMICAL DEPENDENCIES FOR ALL AGE GROUPS. WE ALSO OFFER MENTAL HEALTH COUNSELING FOR STRESS, GRIEF, BEHAVIORAL ISSUES, MARRIAGE, DIVORCE AND OTHER MENTAL HEALTH ISSUES.

**VARIOUS PAYMENT OPTIONS ARE AVAILABLE FOR THESE SERVICES.**



**THE CHILDREN FIRST PROGRAM  
CONSISTS OF 2 SESSIONS OF  
2 1/2 HOURS EACH.**

**YOU AND YOUR CHILDREN  
DO NOT HAVE TO FACE  
DIVORCE ALONE.**

### **Revised Statutes of Missouri 2000**

#### **Children First Effective 07-01-97**

**452.372.** Mandatory educational sessions, when—alternative dispute resolution, when.—  
When a person files a petition for dissolution of marriage or legal separation and the custody or visitation of a minor child is involved, the court shall order all parties to the action to attend educational sessions pursuant to section **452.605**. parties to a modification proceeding who previously have attended educational sessions pursuant to section **452.605**. may also be required to attend such educational sessions.